

# Massage Update Form

## Patient Information

Date \_\_\_\_\_  
Patient \_\_\_\_\_  
Address (if Changed) \_\_\_\_\_  
\_\_\_\_\_  
City State Zip  
Home Phone \_\_\_\_\_  
Work/Cell Phone \_\_\_\_\_

## Accident Information

Is condition due to an accident?  Yes  No Date \_\_\_\_\_  
Type of accident  Auto  Work  Home  Other  
To whom have you made a report of your accident?  
 Auto Insurance  Employer  Worker Comp.  Other  
Attorney Name (if applicable) \_\_\_\_\_  
\_\_\_\_\_

## Client Condition

When did your symptoms begin? \_\_\_\_\_  
What treatment have you already received for your condition?  
 Medication  Surgery  Physical Therapy  Chiropractic Care  None  Other  
Type of pain:  Sharp  Dull  Throbbing  Numbness  Aching  Shooting  
 Burning  Tingling  Cramps  Stiffness  Swelling  Other  
How often do you have this pain? \_\_\_\_\_ Is it constant or does it come and go? \_\_\_\_\_  
Does it interfere with your  Work  Sleep  Daily Routine  Recreation  
Activities or movements that are painful to perform  Sitting  Standing  Walking  Bending  Lying Down

## Massage History

Have you ever received a professional massage?  Yes  No  
Why did you come for our service?  Relaxation  Pain  Therapy  Other \_\_\_\_\_  
What results would you like to achieve? \_\_\_\_\_  
\_\_\_\_\_  
Prioritize the areas of your body that you wish to be massaged. Please note any areas of your body that you **prefer not to be** massaged.  
\_\_\_\_\_

## Authorization

To the best of my knowledge, the above information is complete and correct. I understand that reporting incomplete or inaccurate information can be dangerous to my health. I understand that I am solely responsible for any errors or omissions that I may have made in the completion of this form. I understand that it is my responsibility to inform my healthcare provider if I ever have a change in health.  
I understand that massage therapy services are for the primary purpose of short-term relaxation and the relief of muscular tension. I understand that massage therapy services are in no way a substitute for examination, diagnosis, or treatment by a physician. I understand that individuals providing massage therapy services are not qualified to diagnose, prescribe, or treat any physical or mental illness and are not qualified to perform spinal or skeletal adjustments. I acknowledge that any information I receive from individuals performing massage therapy services is educational in nature and is to be used at my own discretion.

\_\_\_\_\_  
Signature of Patient, Parent, Guardian or personal Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Please Print Name of Patient, Parent, Guardian or personal Representative

\_\_\_\_\_  
Date